



**YOUR
WELLBEING
IS OUR
CONCERN**

**COULD YOU USE SOME HELP WITH
PERSONAL OR WORK ISSUES?**

Menzies International (Australia) has partnered with Associated Counsellors to provide you with access to an Employee Assistance Program. This means you can receive free counselling to talk about a wide range of personal or work-related issues.

The issues you discuss are not shared with your employer, and your use of the service remains confidential.

Call us today and we can answer any questions you may have about the program.

We can help with:

- Work/life balance
- Anxiety, depression, stress
- Family & relationships
- Workplace problems
- Addictions & other concerns

TALK TO US TODAY
Tel. (02) 8205 0566



 **Associated Counsellors
& Psychologists Sydney**
www.counsellingsydney.com.au